



# Newsletter

Issue 12  
5 May 2023

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## Child Anxiety

This year our school is undertaking a project to address student anxiety called 'The Anxiety Project'. A key element to The Anxiety Project is encouraging our students to be braver and to 'have a go', helping our children to not avoid difficult tasks or situations.

**Jennifer Joy (K-6 Learning and Support Teacher)** has undertaken specialist Implementation Coach (IC) training to help implement the program in our school and will be fostering a 'have a go' culture in our school. The K-6 staff and SLSOs will undertake professional learning and reading from esteemed centres including Yale, and Harvard Center on the Developing Child. This research has shown us that some behaviour by significant adults in a child's life (Teachers, SLSO and Parents) may inadvertently assist students to avoid difficulties and can be counterproductive to the student developing resilience.

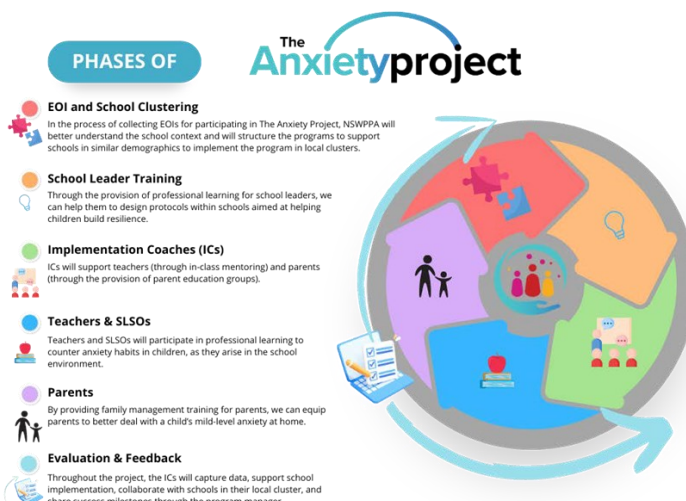
The whole staff is undertaking professional learning this term, designed by experienced psychologists. We will be implementing strategies learnt into our teaching and learning this year. It is very important for us to include our Parent Community in our progress to become a 'have a go' school. You will start to see some articles from psychologist, Michael Hawton in the school newsletter, and you will begin to see some 'have a go' posters around the school. Next term, there will be opportunities for parents to participate in 'Anxiety Coach Parent training' to gain a full understanding of the research and become partners in the implementation of The Anxiety Project.

## The Anxiety Project School Implementation

Please see below the phases of The Anxiety Project and look out for more news on this exciting project to manage anxiety and build resilience in our students.

### IMPORTANT NOTE

Please be reminded that students are **NOT** to arrive at school before **8:30am** as there is **NO SUPERVISION prior to this time.**



## Diary

### Week 3 Term 2, 2023 (Week A)

9 May	Perfect Presence (Year 9)	
10 May	Year 8 Maths Half-Yearly Exam	
	NRPSSA Netball Trials	
	Len Diett U13's/15's Rugby	
11 May	Year 7 Maths Half-Yearly Exam	
12 May	K-6 Assembly	9:20am-10:10am
	Year Meetings	
	K-6 Cross Country	
	RSA Training	

### Week 4 Term 2, 2023 (Week B)

15 May	7-10 Parent Teacher Evening	4:30pm-6:00pm
	Love Bites	Year 10
15-17 May	Trade Ready Program	
17 May	Project Rockit	Year 8
	Len Diett Rugby Shield	
19 May	CHS Zone Cross Country	Evans Head
	RCG Training	

## Commercial Pilot

Teaching is a vocation not just a job. We love to catch up with former students and find out what they're up to. It was a privilege to have time with Ben Baum (Class of 2014) and celebrate his qualification as a commercial pilot. Ben proved to be a hard worker and a really personable young man at school. He's taken his dedication forward in his training as a pilot. It's taken him 13 months, with 7 exams and 203 hours of flight time (110.6 solo, 86.9 dual). With this qualification he has a range of options for employment. One he is considering is flying planes in the far north of Australia servicing the islands from the NT mainland; exciting times. Congratulations Ben, we're proud of you.



## Can You Help?

We're looking for parents to help out on the P&C Canteen Committee. This is not about serving in the Canteen, but about providing advice and thinking, on the food offerings and operation of the Canteen. The meetings occur as required but this has been a relatively light load in the past. From amongst the parents that express interest, a convener for the committee would be elected. The P&C are seeking a Secretary – the role is about taking minutes during the meeting (once a month 6:00-7:30pm on the third Monday), receiving and tabling correspondence, and assisting in executive decisions as required.

If you're able to help in any of these roles it would be appreciated and is also one way to communicate to your child the importance of schooling in life. Contact: Tara Moreman (President), any of the P&C Executive (Jan Hobbins, Mariet Beytell, Belinda Fayle) or myself.

**Rob Walker - Principal**

## Open Boys and Open Girls Touch Football

The Open Boys and Open Girls Touch Football Gala Day was held in sunny conditions at Hepburn Park, Goonellabah. The event was to determine an overall champion boys and girls team for the Northern Rivers Zone, but also as a selection trial for the CHS Northern Rivers Zone representative team for competition at North Coast level. Evans River Community School was

represented well in both the boys and the girls team. In the first round, the girls had a bye due to a team withdrawal and advanced through to the semi-finals where they played the highly competitive Alstonville High School with a score of 5-0 to Alstonville. The boys played The Rivers Secondary College in their first round with a score of 4-2 to The Rivers Secondary College. For both teams, this means that they no longer progress through to the next stage of the CHS knockout. However, although both the boys and girls teams were knocked out of the competition, they both got to play an additional game each for greater experience.

Jack Semple and Jarvis Semple were also successful in selection for the CHS Northern Rivers Zone Boys representative team where they will have another opportunity to play later on this month. We wish them all the best for when they play next. Ned Barany was also successful in selection as a shadow reserve for the team.

Girls team: Sian Charters, Maddy Aleckson, Chelsea Franks, Iris Hobbins, Stephanie Macdonald, Kate McKinnon, Sienna Samuels, Dana Spicer and Bridget Sutton.

Boys team: Cooper Pendrigh, Jarvis Semple, Aidan Arnison, JF Beytell, Jack Semple, Darren Stewart, Ned Barany, Saxon Heath and Jed Schofield.



## Year 7-10 Parent Teacher Evening

Parent Teacher Interviews will take place on Monday 15th May from 4:30pm-6:00pm. To make a booking, click on the following link: [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) and use the following password: **jq62b**.



## P&C Mother's Day Stall

The P&C is running their annual Mother's Day Stall next week on Wednesday. They are needing a couple of parent / grandparent helpers to run the stall, so if you can assist, please contact the school.



## K-6 Cross Country

Our annual K-6 Cross Country will be held on Friday 12th May beginning at 11:30am, weather permitting. Parents and carers are most welcome to attend. Please sign in at the Office.

## Year 7 and Year 10 Vaccinations

Just a reminder to parents of Year 7 and Year 10 students that school vaccinations are coming up and consent needs to be provided beforehand. This year consent can be provided online - see the flyer below and scan the QR code. If you need a hardcopy, you can pick one up from the Office.

### Is your child in year 7 or year 10?

Provide your consent for routine school vaccinations online.

**Benefits of providing online consent:**

- easily update your child's details
- get SMS notifications when vaccinations are given
- faster upload of vaccination records to the Australian Immunisation Register (AIR)

**To provide online consent, you will need:**

- to visit: [nswhealth.service-now.com/school](https://nswhealth.service-now.com/school)
- your Service NSW log-in details
- medicare details for you and your child

Scan the QR code to give your consent now.

**Year 7**

- ☒ Diphtheria-tetanus-pertussis (dTpa)
- ☒ Human papillomavirus (HPV)

**Year 10**

- ☒ Meningococcal ACWY

For more information on vaccination visit: [health.nsw.gov.au/schoolvaccination](https://health.nsw.gov.au/schoolvaccination)

November 2022 © NSW Health, SHPN (P&P NSW) 221060. NSW Health

## Primary Boccia Champions

Evans River Primary students Charlie Tregidgo, Archer Craggs and Reid Coughran are the 2023 Far North Coast Regional Boccia Champions. They will compete in the NSW State Boccia Championships in Sydney in Term 3. Well done team!

Mrs Coughran  
Inclusive Sport Co-ordinator



## Year 7 2024 Info Evening

YEAR 6 STUDENTS AND FAMILIES ARE INVITED TO  
**EVANS RIVER K-12 SCHOOL**  
**YEAR 7 2024 - INFORMATION EVENING**  
MONDAY 29<sup>th</sup> MAY 2023  
4:45 pm - 7:00pm @ PERFORMANCE HALL



Evans River K-12 School has a strong focus on student learning and participation in an enriching and supportive learning environment. Our school policy implements equal and fair opportunities for all students; cultural awareness is promoted, and we are working towards making our school a more sustainable community.

- General Information on different aspects of High School at Evans River K-12
- Faculty Displays
- Classroom teachers available to present information around their key learning areas and answer any questions you may have.
- Meet 2024 Year 7 Student Adviser, Mr Luke Hayward

Further information about our school can be found on our webpage or on Facebook:

[www.evansriver.nsw.edu.au](https://www.evansriver.nsw.edu.au)

<https://www.facebook.com/evansriverk12communityschool/>

For Further Information Contact:

Kiri Swanbury - Deputy Principal - Ph: 02 6682 6666



## K-6 AWARDS Term 2, Week 1

<b>Kindy Jumigum</b>	Eddie Cameron	Phoenix DeHoon	Oliver Lenard	Connie O'Reilly
<b>Kindy Woogooloom</b>	Sapphire O'Connell	Ezra Cooksey	Kayjay Drew-Byrne	Imogen Knight
<b>1 Jenna Jenna</b>	Braxton Carbone	Ivy Duncan	Phoebe Kearin	Leo Turner
<b>2 Gweeuhn</b>	Ella Knight	Liam Morgan	Levi McLaughlin	Julian Cooksey
<b>2/3 Jingir Jingir</b>	Theo Barker	Aurora Lodge	Cali Gill	Chase Dalu
<b>3/4 Guhgun</b>	Reid Coughran	Quinn McMaster	Jadon King	
<b>4/5 Gunum</b>	Sage Thomson	Axle Bourton	Arayah Wilson	Archer Craggs
<b>5/6 Goojoohn Jellum</b>	William Warren-Crouch	Austin Dalu	Carter Geoghegan	Riley Webber
<b>5/6 Dirruwung</b>	Halle Bruin	Heidi McLeod	Jake Gow	Elke Blore-Jones
<b>Dirrawong Playground Awards</b>	Julian Hay	Quinnifer Barber	Makai Oldfield	



**THE BUSINESS SCHOOL RTO: 45230**  
**EVANS HEAD CAMPUS**

*Open Day*

**10th May 10am-2pm**  
**Club Evans RSL**

**Register Now**

• Meet The Team  
 • Explore Course Options  
 • Register Now For Discounts  
 • Live Online Masterclasses

**CLUB EVANS RSL**

**CONTACT US**  
 (02) 6682 4282  
 admin@tbs.edu.au  
 Ground Floor, 11-13 McDonald Place, Evans Head NSW 2473

**ENROL NOW**

✓ Safe and stimulating environment.  
 ✓ Qualified Teachers and Educators  
 ✓ High quality child care and education  
 ✓ All inclusive Fitness Kidz Program

Our aim is to create a stimulating environment for all age groups. We have a strong connection to our land, the people and the animals. Giving high importance to the Bunjalung culture throughout our learning program and daily practices.

(02) 6682 5244  
 admin@sandcastlekids.com.au

**4 School Lane, Evans Head, NSW, 2474**

**EXCEEDING**  
 NATIONAL QUALITY STANDARD

**TNR<sup>®</sup>**

**Accountants | Auditors | Business Advisers**

**OPEN NIGHT**

Year 10, 11 & 12 students and parents are invited to hear about a career in Audit and Accounting at our Open Night. Find out what's on offer and how we support students and graduates.

**When:** Wednesday 17 May from 6 to 7 pm.  
**Where:** 31 Keen St, Lismore  
**RSVP:** hr@tnr.com.au

**We're coming to your community**

**Our Mobile Service Centre is coming to Evans Head**  
**Thursday the 11th of May 2023**  
**from 09:00am - 3:00pm**

Bringing NSW Government services to you.

Call 13 77 88 or visit [service.nsw.gov.au](http://service.nsw.gov.au) to check our latest timetable.  
 Severe weather may mean our timetable has to change at short notice, we strongly recommend you check on the day.

**Find us at:**  
 Club Evans RSL  
 11-13 McDonald Place

**Service NSW**

**schoolstream**

Most permission notes are going home via the School Stream App so make sure you have downloaded it & have notifications switched on.

**SAFER DRIVERS COURSE FOR LEARNERS**

BECOME A SAFER DRIVER AND  
 EARN 20 LOG BOOK HOURS BY  
 ENROLLING IN A SAFER DRIVERS COURSE

**Saturday 6th May**  
**9.30 to 12.30pm**  
**Monday 29th May 4 to 7pm**  
**Cost \$140**  
**Concessions available**  
**Bookings: [bys.org.au](http://bys.org.au)**

**Uniform Store 2023**  
**Fridays 8:30-9:30am Performance Hall**  
**Eftpos Available**

**Parent Portal Login**

<https://evansriver-c.sentral.com.au/portal/login>

**Toast at the Canteen**  
**8:30-8:50am, Monday, Tuesday & Friday;**  
**sponsored by the P&C, IGA & MRNC Food Bank**



Principal: Rob Walker B.Ed.; M.Ed  
 Email: [evansriver-c.school@det.nsw.edu.au](mailto:evansriver-c.school@det.nsw.edu.au)  
 Website: [www.evansriver.nsw.edu.au](http://www.evansriver.nsw.edu.au)

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