



Newsletter

Issue 36
9th November 2017

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Grandparents Day

Today we celebrated Grandparents Day at Evans River K-12 School, to recognise the important role grandparents and older people play in improving and strengthening their families and communities. Day in and day out the wisdom and lived experience of the older people in our communities make them an invaluable asset to our society.

This year Evans River K-12 received a grant from the NSW Family and Community Services to make this event extra special. This provided our students from K-3 with an opportunity to publish their first book. Our students produced a Grandparent Photo Book for one of their grandparents, a copy for the library and one for their family.

The students from Kindergarten performed the Science song with Mrs Warwick. Our Primary choir also performed a variety of songs and a short skit of Matilda's 'Revolting Children' with Oska Hancock playing the part of Ms Trunchbull and Byron Behn-Moore playing Bruce Bogtrotter; who demolished a huge chocolate cake! Thanks to Miss Waters for her hard work throughout the year in getting choir ready for this production.

Well done to all the students for their hard work and amazing writing skills in putting together a family keepsake like no other. A special thank you to Ms Durham, for her time and dedication in gaining the grant, her patience for scanning and uploading over 100 students, 20 page photo books and to all the teachers for collaborating and working with their students to make such wonderful photo books - a job well done!

Elizabeth Delman -K-6 Teacher

Reading to Kinder '18

Children looking to enrol in Kindergarten of 2018 have been attending school orientation in preparation for joining big school next year. It was my pleasure to join them on Monday of this week to read an inspiring story about a child starting at big school – and some of the emotions that can be experienced. The recall and comprehension exhibited by the students was very impressive. Well done! We are looking forward to welcoming these children to our school next year! All students intending to commence at Evans River in 2018 should have advised the school by now.

Training for Staff Selection Panels

From time to time the school is permitted to convene a panel to select the person to fill a position at school. The Department of Education prescribe the make-up of the panel, the selection process and that the people who form the panel must have been trained in merit selection procedures. It is likely our school will need to call on members of the school community (parents and staff in particular) to be members of panels in the future. The training course



Diary

Week 6 Term 4 - Week A

Nov 13	Kinder Orientation 5	10:30-11am
	Kindergarten Orientation Assembly	Years 7-12
	Senior School Rollover	Year 10
Nov 15	Grip Leadership Conference	

Week 7 Term 4 - Week B

Nov 20-Dec 1	Intensive Swimming	Years 2-6
Nov 20	P&C Meeting	4:30- 5:30pm
Nov 21-22	Peer Support Training	Year 10 2018
Nov 22	Social Years 7-12	

Coming Events

Nov 27	K-6 Vote for Junior Captains	9:20 - 10:15am
Nov 27	Year 6 Graduation Dinner	Evans Head

is of 2 hours duration and will be conducted at school at no cost to participants. If you are interested in qualifying to be the member of a panel which selects staff for the school please advise the school office. A training course is likely to be conducted in the next 2-3 weeks.

Rob Walker – Principal

“One Song” Event

On Thursday 2 November, Evans River K-12 Primary students participated in the Count Us In National 'One Song' Event. This event advocates for and celebrates music in Australian schools. The main event was streamed live from Melbourne, where over half a million students, all sang the same song, on the same day, at the same time! This year's song was called 'Shine Together' and was written by five lucky students from around Australia who were chosen from a national song writing competition to help write 'Shine Together'.



Grandparents



Inadequate sleep may be linked to a sluggish metabolism!

Mounting evidence points to poor sleep resulting in a sluggish metabolism, and poor sleep is a risk factor for becoming overweight!

The recommendations for sleep are:

Preschool (3 – 5 years) 11- 13 hours/ night
School (5 – 12 years) 9 – 11 hours/a night
Teens (12 – 18 years) 8.5 – 9.5 hours/ night

Some hints for a healthy sleep:

- ◆ Consistency: going to bed and rising at a regular time (be firm)
- ◆ Having a 30 – 60 minute quiet time before bed; this might include a bath or shower, pyjamas, a drink, cleaning teeth, a toilet visit, a bedtime story, a goodnight kiss and then lights out as parents leave the bedroom.
- ◆ No screens (TV, IPADS, phones or game consoles) in the bedroom.



Careers Corner

The following resource and information is available at the schools careers website:
www.evansriverk12careers.com

School Based Apprenticeships and Traineeships (SBATS)

It is possible to include part time study of an apprenticeship or traineeship during years 11 and 12.

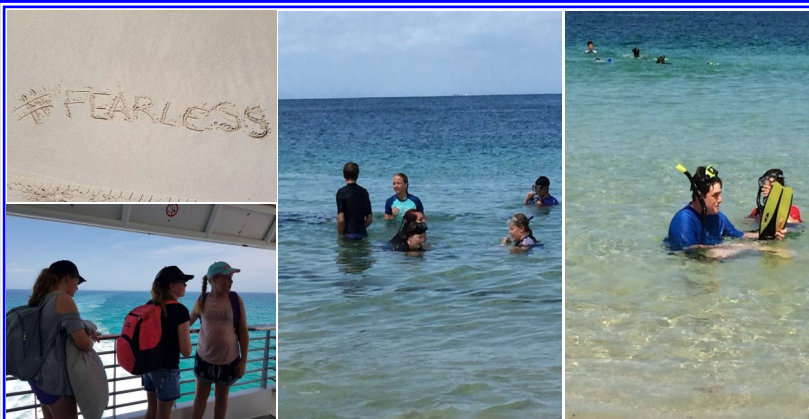
Normally if a student is undertaking an SBAT they attend the workplace one day a week and on another day attend TAFE to complete the theory component of their course.

Generally a Traineeship would be completed by the end of year 12 while the first year of the apprenticeship would be completed in the same time.

More information about School Based Apprenticeships and Traineeships can be found on our website by clicking [here](http://www.evansriverk12careers.com).

Chris Hayward - Careers Adviser





Last week Evans River K-12 School Year 7 & 10 students attended the Fearless Leaders Peer Support camp at Moreton Island. Magnificent weather, incredible water sports and activities and fun peer training ensured all students had a memorable excursion. Many thanks to all staff who helped with the organisation of the event and supervising students.



Get ready kids, it is going to be AWESOME! Less than 2 weeks to go until the Evans River K-12 School P&C Beechies Family Fun Day. Pack the swimmers and sunscreen, bring along your spare change for a sausage sizzle and a chance of winning AMAZING prizes!

Evans River K-12 School Year 8 students had an absolute blast in Mrs Cooper's Science class making Bath Bombs. The experiment was gooey, messy and loads of fun.

Around the school

Kristen Gillespie CLO



Evans River K-12 School held its annual Art Competition this week. The student response was overwhelming and selecting winners was very difficult. We are extremely grateful to our local sponsors, their generous contribution ensures the success of our competition.



Mr David Mason from First National Real Estate Evans Head was on hand to present students with their certificates and prizes. A very big thank you to Robin Mather for his tireless organisation for this important event on our school calendar.



It is nearly that time of the year! Evans River K-12 School secondary students shall be rolling over to their 2018 year group in Week 6 (13th November 17).

A reminder that students need to have purchased their book pack requirements to start their new year prior to this date. Spare copies of each year group stationary requirements can be collected from the school office.

Canteen Roster - Week A

Monday	13 Nov	Laurie Wood
Tuesday	14 Nov	Help Needed
Wednesday	15 Nov	Help Needed
Thursday	16 Nov	Von Pickens
Friday	17 Nov	Help Needed

K-6 Dirrawong Awards
Ella Pearson
Alex Redman
Byron Horseman
Blake Yager

**The more that you read,
the more things you will know.
The more that you learn,
the more places you will go.**
--Dr. Seuss

K-6 AWARDS Term 4 Week 4

Kinder	Nicholas Corbett	Mahalia Mowday	Lucy Hough	Jade McInerney
Year 1	Teak Richards	Zoe Chapman	Cooper Vidler	Cameron Horseman
Year 2/3M	Natayla Brunson	Blake Yager	Ruben Wilson	Jaiden Cooper
Year 3E	Sienna Swanbury	Millie Mackney	Ana Collingburn	Ursell Barber
Year 4/5C	Kirra Wilson-Clark	Ella Pearson	Alex Redman	Sky Geoghegan
Year 4/5F	Daniel Stewart	Aidan Arnison	Ailie Macgregor	Sol Novak
Year 6	Shenoah McKenna	Chenoa Kapeen	Byron Hutley	Oska Hancock

Lomax Law Superstars Obstacle Course & Art Auction

Saturday 25th November 8am-1pm
Wollongbar Public School • Rain or shine (unless thunderstorms)

Before Nov 20th
\$5 individual
\$16 team (4)
After Nov 20th
\$8 individual only

Superstars Obstacle Course & Art Auction

8am	Registration opens	Also available during the day
8:30 am	Obstacle Course begins	Coffee van
	- Waves start every 15 minutes	Jumping castle (free)
	- Specify your time preference on registration	Face painting (free)
12 noon	Art Auction	BBQ

Pre-register today!
<https://tinyurl.com/LomaxSuperstars>

EXCITING NEWS

Out of School Hours Care is NOW operating from Woodburn Public School

Before School Care	6.55am to 8.55am
After School Care	3.25pm to 6.25pm
Vacation Care	8.00am to 6.00pm

Government Child Care benefits and rebate available.

Once you apply the Child Care Benefit and the rebate, FEES can be very affordable.

Call Jodie for a fee estimate today.

Rainbow Children's Centre (02) 6686 6621
www.rainbow.nsw.edu.au

Parent Portal Logon

The Link to the Evans River K-12 School Sentral Parent Portal Logon is as follows:

<http://web3:evansriver-c:schools:nsw.edu.au/portal/login>



Principal: Rob Walker B.Ed., M.Ed.
Email: evansriver-c:school@det.nsw.edu.au
Website: www.evansriver.nsw.edu.au

EVANS HEAD | CORAKI

It's Free SUPPORTED PLAYGROUP

Monday and Tuesday at the Scout Hall
22 Mangrove Street Evans Head
Wednesday Coraki alternates each week
please contact us for further details

From 10am - 12pm
Bring along a piece of fruit!

Monday **MOVE n' GROOVE**
Evans Head

Tuesday **SNAPPERS**
Evans Head

Wednesday **GNIBI**
Coraki

What is a Supported Playgroup?

Supported playgroups provide parents with an opportunity to develop supportive networks, share experiences of parenting and be supported to access services and programs which could strengthen their families. At our playgroups children are able to socialise, play and learn in a supported, positive environment.

Our 3 supported playgroups are run in Evans Head & Coraki for families who have children 0-5 years of age, these include: Move 'n' Groove, Snappers our general playgroups in Evans Head as well as our Gnibi Playgroup for Aboriginal & Torres Strait Islander families held in alternate locations Box ridge and Coraki.

For more info call: (02) 6682 4334

Mid Richmond Neighbourhood Centre Inc.
Shop 5/6 Oak Street Evans Head NSW 2473
(02) 6682 4334 | admin@mmc.com.au

playgroup
@ evans presbyterian church

Wednesdays 10.00-11.30am (school terms).
All parents / grandparents / carers and children 5 years and under are welcome.
Gold coin donation appreciated.
63 Woodburn St, Evans Head.
For more information, call Nat: 0409 324 174

SAVE THE DATE P&C

Our next meeting will be held on Monday
20th November 2017 at 4:30pm.
We welcome Evans River parents/carers to come along

What's Coming Up

Year 12 Graduation Dinner 10th Nov
Senior School Rollover Monday 13th Nov
Presentation Assembly Monday 11th Dec

Cypress Street, Evans Head NSW 2473
Phone: 02-6682 6666
Fax: 02-6682 6777