



Newsletter

Issue 37
22nd November 2013

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Year 12 Graduation Dinner

Year 12 left their school years behind in fine style at the Graduation Dinner at the RSL Club last Saturday evening. Family, friends and staff gathered to recognise the completion of schooling for this fine group of young adults. Year Adviser, Mrs Cheryl Patch was thanked. She also presented some awards in recognition of the contributions of the different personalities in the group. We were fortunate to have with us Mayor Ernie Bennett & wife June, School Council President Sam Elley & husband Mark, and P&C President Allyson Cuskelly. We look forward to hearing of the achievements of the Class of 2013 in the years to come.

Early Entry to University

The school was delighted to receive advice during the week that each of the seven students from the Class of 2013 who had sought early entry to Southern Cross University were successful. Congratulations to Alyssa Hobdell (Bachelor of Arts/Bachelor of Education - Secondary), Christine Warren (Bachelor of Sport & Exercise Science), Coen Wakeham-Hastie (Bachelor of Arts/Bachelor of Education - Secondary), Danika Waters (Bachelor of Education - Primary), Madelene Bock (Bachelor of Sport & Exercise Science/Bachelor of Education - Secondary), Tilly McGeary (Bachelor of Sport & Exercise Science/Bachelor of Education - Secondary) and Phillip Cole (Bachelor of Engineering (Honours) in Civil Engineering). While these students may yet have other offers to consider, this is pleasing news for them. HSC results are available in December.

P&C meeting

The P&C met on Monday afternoon in the school library. A number of topics were discussed including school NAPLAN results, canteen profitability and government funding for the school under the Resource Allocation Model. The NAPLAN discussion gave those in attendance insights into the type of information provided to schools subsequent to the tests being sat by students. The information informs staff of areas in which students are demonstrating sound understanding and areas where further work is required. Canteen profitability has shown marked improvement during 2013. This is largely due to the increase in 'home' cooked food being prepared in the canteen. The Equity loadings recently announced for our school under the Resource Allocation Model were also explained. The loadings allocate funding based on the Aboriginal student enrolment and the education levels attained by parents for all students enrolled (this information is captured from the enrolment forms completed by families).

Rob Walker – Principal



Diary

This Week - Week A

Nov 26 Seniors RRISK Seminar Southern Cross University Lismore
Nov 25-Dec 6 Years 2 -4 Intensive Swimming Program @ EH Aquatic Centre

Next Week - Week B

Dec 02 School Council Meeting 6pm
Dec 3 Wetlands Education Ocean Shores, Wardell, Ballina
Dec 04 Year 7 2014 Orientation
Griffith University Experience Day Yr 12 Gold Coast
SRC Social (Christmas Theme) 6:30pm-9:00pm

Coming Events

Dec 09 Big Day Out K-2 Knockrow Castle
Big Day Out 3-6 Currumbin Sanctuary
Dec 10 Peer Support Excursion Ballina Waterslides Year 8
Evans River K-6 Talent Show 11:30-1:00pm
Dec 12 Senior Agriculture Field Trip Swan Bay

Year 10 Work Experience

Work Experience is a valuable component of Year 10 Work Education classes. It gives students opportunities to undertake work placement in areas of career interest. These placements can help shape a student's career path, as well as helping define subject selections as they move into their senior studies. In some instances placements have led to fulltime employment. All students receive a work place report from their employer. These are valuable documents which can be used in job applications and course entry interviews.

Yr 10 – (2013) This year 34 students undertook work experience. Students were placed in the following areas; animal care (Taronga Zoo and Pet Porpoise Pool), veterinarian, education, horticulture, automotive, metal fabrication, metal engineering, construction, hospitality, hairdressing, health and beauty, disability services, sports science, tourism, media, defence force (Royal Military College – Duntroon), and retail.

Yr 10 – (2014) Students are currently undertaking an in-class assessment preparing them for work experience. Once successfully completed, students will be able to commence placements. Parents and carers will receive a Guide to Workplace Learning early next year.

Mr Hayward

Indonesian Cultural Experience

On Thursday 7th November our Indonesian elective students travelled to Brunswick Heads to sample the fabulous Indonesian food and hear a presentation from Hendra, the chef, at RICE Indonesian Restaurant.

It was a beautiful sunny day so we decided to call into the famous iconic Byron Bay lighthouse as our first stop on the journey. After arriving in Brunswick Heads we were seated at our tables and chose our drink for lunch. Then began our five traditional Indonesian courses.

Kerupuk – prawn crackers,

Lumpia – spring rolls,

Sate ayam – chicken satay,

Nasi Goreng – fried rice and finally

Gado gado ayam – steamed vegetables with peanut sauce and grilled chicken served with Nasi – plain rice.

The dishes were very delicious.

We then listened to a presentation by Hendra, who spoke about how the growing of rice is watched over by the Rice Queen, how rice is de-husked in Indonesia and different ways of cooking food. It was very informative.

On the way home we stopped at Lennox Head for an ice cream looking over the expansive Seven Mile Beach. It was a wonderful day. The students were

so well behaved. It was a pleasure to take them all to learn more about Indonesian culture.

A huge thank you to Mr Wythes our bus driver who also enjoyed the day.

Thank you to the students. You did Evans River proud and we are welcome back to the restaurant any time.

Ms Owen



Year 10 Brooms Head /Sandon River Excursion

Due to lack of numbers this excursion cannot run. See Mrs Keogh if there are any concerns.

Evans River K-6 Talent Show

When: Tuesday, 10th December

Time: 11:30 am - 1 pm

Where: Performance Hall

- * Singing, music, dancing or comedy act
- * You can work in groups, or do a solo performance
- * Maximum of one solo performance per person
- * Maximum 3 minutes per act
- * Please tell your teacher if you want to perform and describe your act
- * Depending on number of performances, an audition process may be needed
- * Feel free to dress up
- * Get your music ready well before the performance
- * Don't forget to invite your family and friends to watch!
- We can't wait to see you show us your talents.
- Here is your time to shine



Around the school

The school would sincerely like to thank Evans Head Golden Oldies Rugby for their donation of \$1,760 for the funding of our senior boys Rugby Union team's uniforms. Two representatives from Evans Head Golden Oldies, Jim Perry and John Mayes presented the cheque to Mr Walker last Monday. The photo above also shows two team members, Connor Uebergang and Daniel Duncan as well as the School's Rugby coach, Andrew Grant-Frost.

With the commencement of our new High School Rollover I encourage parents to take an interest in their children's bookwork. Students need to keep up with their notes and make sure that they are gluing their given sheets into their books. Their bookwork is very important when it comes to revision for exams and assignments.



Lyn Thomson - CLO
66826666



There is still time to order your DVD of the K-6 Circus Concert. What a great Christmas present for Grandparents at the reasonable cost of only \$8.00.

I would like to offer a little information about the school's P&C association. Many may not be aware that the P&C has the ability to make some changes within the school, such as improving various conditions in the school, how the canteen is run, uniforms etc., and with the substantial funds we raise, how these funds are spent within the school. Lately I have been made aware that many families do not realise that they can only be part of making these decisions if they are paid members of the P&C. While everyone is welcome to P&C meetings only paid members of the association (\$2 year) can vote on matters put before the P&C committee. I encourage you to join our P&C and add your voice to school decisions.

CANTEEN SPECIALS & NEWS

WOW!! Canteen is now making
home-made 100% fresh fruit sorbet!

\$2.00

NO ADDED SUGAR YUMMY!!!

SPECIALS

Apricot Chicken \$4.50

Potato Salad \$4.00

Canteen Roster - Week A

Monday	25 Nov	Sally Perkins
Tuesday	26 Nov	Janine Hutley
Wednesday	27 Nov	Molly Forsyth
Thursday	28 Nov	Charmayne Stevens
Friday	29 Nov	Leanne Robinson

K-6 AWARDS Term 4 Week 5

Kinder	Tawny Thompson Tucker Barany	Sarah Li Keely Somerville	Luke Stewart Will Weekes	Tali McFaul Jade Price
Yr 1	Blade Trout- Martin	Blaze Ward	Charlotte Daly	Aidan Arnison
Yr 2	Damon Walker	Iona Macgregor	Savannah Novak	McKinley Arnison
Yr 3	Holly Perkins	Sophie Stewart	Luke Elley	Shelby Willows
Yr 4	Darcy Banks	Jessica Roche	Georgia Manning	Zahli Moore
Yr 5	Isaac Huynh	Riley Perkins	Holly Richardson	Harley Hyde
Yr 6	Bibi Stevens	Codey Bell	Bryce Watson	Callum Ryan

Adolescent Drinking Behaviour

Young people aged 16-24 are amongst the heaviest drinkers in Australian society. In NSW, 46% of males and 43% of females in this age group are drinking at levels that could pose a serious risk to their health if they continue to drink at this level during their lifetime.

Over half of this group regularly drink to intoxication, which places them at risk of an alcohol related injury on any single drinking occasion. (NSW Health Statistics, 2011)

Young people are less likely than adults to be concerned about the negative consequences of heavy drinking. They are more at risk than adults as they are physically and psychologically immature, lack experience with alcohol, are more willing to engage in risk taking behaviour and are often unaware of the dangers of excessive consumption.

Choosing not to drink or learning how to drink responsibly can be among the most difficult tasks facing young people today. The earlier young people start drinking, the more likely they are to become high risk drinkers and experience alcohol related harm whilst they are young and in later life.

Alcohol and adolescent brain development

The brain is not fully developed until about 25 years of age. Drinking alcohol to intoxicating levels during adolescence can result in permanent brain damage. Areas of the brain that control memory, learning, decision making and problem solving can be permanently affected.

Learning problems can result in poor exam results and life skills which will reduce future career options and employment. Lack of judgement often leads to greater risk taking and increased likelihood of violence or sexual assault. Regular heavy drinking can cause irrational and aggressive behaviour, inability to understand social cues, depression and anxiety.

Mental health

Drinking at a young age increases the risk of mental health problems such as depression, anxiety, bipolar disorder, attention deficit disorder and increased risk of self harm, including suicide, delinquent behaviour and alcohol dependency in later life.

For more information on the effect of alcohol on the developing brain, see <http://darta.net.au/wordpress-content/uploads/2013/02/ALCOHOL-AND-THE-DEVELOPING-BRAIN.docx.pdf>.

Science Trivia!

This Week—Which element gives Mars its reddish-orange colour—Carbon, Copper or Iron?

Last Week— Would you find your philtrum under your nose, your tongue or your chin? **Answer:** Under your nose— it is the vertical groove in the middle area of the upper lip.

One Year Defence Force Roles

The Army has 12 roles available with just a 12 month commitment - no strings attached.

Just great pay, new mates and world-class training that will set you up for a rewarding career in the Army and beyond. There is a range of challenging roles available, such as Supply Coordinator to Dental Assistant and Military Police. You must be 16.5 years old to apply and at least 17 years old to enlist.

So if you are ready for one extraordinary year, attend the upcoming Information Session to find out more.

Thursday 28th of November at 6pm (AEST), Defence Force Recruiting, Coolangatta Corporate Centre, Cnr Griffith & Warner St, Coolangatta. To attend this session RSVP to nwenberg@dfr.com.au or call 07 5569 3900.

JANE CORNISH LYMPHOMA AWARENESS NIGHT

Saturday 30th November 2013

Evans Head Bowling Club

5:30pm Twilight Bowls

7pm— Joan, Robyn and Amanda

have their heads shaved

8pm— Auctions

There will be a raffle running over the Christmas Holidays

Donations can be made at the Evans Head Medical Centre, Spirit Café or the Woodburn Lions Club

The Mid Richmond Neighbourhood Centre:

Is now operating a support group for those affected by suicide called the **Rising Sun Support Group.**

Supported by Provisional Psychologist, meetings will be held on the 2nd Tuesday of every month commencing at 5pm. Bookings are not necessary.

For additional information please contact the centre on 6682 4334.



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