

# Canteen Menu

# Wraps \$5 / Sandwiches \$4 / Rice Paper Rolls \$6 - "1-2-3"

1 - MAIN Protein -

Chicken/Tuna/Vegetarian/Ham/Egg

2 - SAUCE Sweet Chilli / Mayo / Satay / Terriyaki /

Hummus

3 - SALAD Lettuce / Tomato / Beetroot / Cucumber /

Grated Carrot / Corn / Spinach / Cheese

# Toasted Sandwiches (Jaffles) from \$4.00

Bolognese & Cheese, Spinach & Cheese plus protein, Cream Corn & Cheese plus protein, Ham & Cheese, Cheese & Vegemite, Cheese (Protein options - Chicken, Tuna, Vegetarian, Ham, Egg)

# **Toasted Wraps from \$4.00**

Chicken, Tuna, Vegetarian, Ham, Egg (Spinach, Cheese, Avocado, Tomato - 20c extra, Corn, Beetroot, Carrot – 10c extra)

# **Burgers \$7**

Choose: Chicken/Veggie /Cheese With Salad (lettuce, tomato, cucumber, grated carrot, cheese)

### Rolls \$6

Sushi rolls (chicken/tuna/veggie/ham/egg)

Specia	I of the	day -	\$6.	.00
--------	----------	-------	------	-----

Monday – Chicken Curry Tuesday – Pasta Bolognese, Mac & Cheese or Potato Bake

Wednesday – Stir Fry (noodles, chicken, vegie)

Thursday – Butter Chicken w Rice

Friday - Bangas & Mash

Bacon & Egg Roll Vegemite & Cheese Scroll Chicken & Gravy Roll Garlic Bread Sausage Rolls Pies Pizza Slice	\$5.50 \$1.00 \$5.00 \$2.50 \$4.00 \$4.00 \$2.50
	•

### Other

Piece of fruit	\$1.00
Yoghurt	\$2.00
Jelly Cup	\$1.00
Muffins	\$1.50
Weetbix Slice	\$1.50
Custard	\$1.50
Quelch Fruit Juice Icy Tubes	\$0.60
Ice Cup	\$0.50

## **Drinks**

Flavoured Milks	(500ml)	\$3.50
(Chocolate, Strawber	rry)	
Flavoured Milks (30	0ml)	\$1.50
(Chocolate / Strawbe	erry)	
Ùp & Go	•	\$2.50
(Choc Ice Dairy Free	/Vanilla Ice/	
Choc Ice No added S	Sugar/Strawberry	)
Almond Milk Flavou	red Milks	\$3.00
(Chocolate / Iced Co	ffee)	
Poppers		\$2.00
(Apple / Apple Blacko	currant / Orange	
Water 1L		\$3.00
Water - 600ml		\$2.00
Water - 250ml		\$1.00
<b>Bundy Juice 300ml</b>		\$2.50
Bundy Juice 500ml		\$3.50
(Apple / orange / orange	nge	
passionfruit / orange	mango)	
Soy milk - Plain		\$2.50

### \* Notes:

We are <u>unable</u> to reheat food brought from home due to time restraints and hygiene reasons.

Online Orders:

https://evans-river-k-12-school-canteen.square.site/

Menu current from August 2022